

THE
GATHERING
AT TUCSON



RESET

SEEK FIRST THE KINGDOM

A 21-DAY PRAYER GUIDE



WEEK 1

RESET YOUR FOCUS



WEEKLY SCRIPTURE

Matthew 6:33 “But seek first His kingdom and His righteousness, and all these things will be given to you as well.”



WEEKLY PRAYER

“Lord, help me seek Your Kingdom first.”



WEEKLY GOAL

To place God back at the center of every area of life.

DAY 1 SEEK FIRST

SCRIPTURE

Open Bible to: *Matthew 6:33*

REFLECTION

Jesus gives us a simple but life-changing invitation: **seek first the Kingdom of God.**

Many things compete for our attention—work, responsibilities, relationships, worries, and even good things. Yet Jesus reminds us that spiritual health begins when God is given first place.

Seeking first is not about perfection; it is about priority. When God becomes our first pursuit, everything else begins to find its proper place.



MEMORABLE THOUGHT

What you seek first will eventually shape everything else.

PAUSE & LISTEN

What has been competing for God's place in my heart?



PRAYER FOCUS

Lord, reveal anything that has taken first place in my life and help me put You back at the center.

KINGDOM STEP

Begin your day by spending ten intentional minutes with God before anything else.



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DAY 2 BE STILL

SCRIPTURE

Open Bible to: *Psalms 46:10*

REFLECTION

We live in a world filled with noise and distraction. God often invites us to slow down, quiet our hearts, and become aware of His presence.

Stillness is not inactivity. It is intentional space to remember who God is and to recognize that He is already at work.



MEMORABLE THOUGHT

God's voice is often heard most clearly in moments of stillness.

PAUSE & LISTEN

What distractions are keeping me from slowing down with God?



PRAYER FOCUS

Father, quiet my heart and help me become more aware of Your presence today.

KINGDOM STEP

Spend five uninterrupted minutes sitting quietly before the Lord.



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DAY 3 LISTEN FOR HIS VOICE

SCRIPTURE

Open Bible to: *1 Samuel 3:10*

REFLECTION

Prayer is more than talking to God—it is learning to listen. Samuel's response demonstrates a heart that is available and attentive.

God still speaks through His Word, His Spirit, and His gentle prompting. As we seek Him first, we learn to become listeners before we become doers.



MEMORABLE THOUGHT

Listening is one of the greatest expressions of trust.

PAUSE & LISTEN

Am I making room to hear God, or only speaking to Him?



PRAYER FOCUS

Lord, give me ears to hear Your voice and a heart ready to obey.

KINGDOM STEP

After praying today, sit quietly for several minutes and write down any impressions from the Lord.



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DAY 4

TRUST BEFORE UNDERSTANDING

SCRIPTURE

Open Bible to: *Proverbs 3:5-6*

REFLECTION

We often want answers before obedience and clarity before surrender. Yet Scripture calls us to trust God with our whole hearts.

Faith means believing that God's wisdom and timing are greater than our own understanding. When we seek God first, we learn to trust Him even when we cannot see the entire path.



MEMORABLE THOUGHT

Trust grows when we stop demanding explanations and start walking with God.

PAUSE & LISTEN

Where is God asking me to trust Him more deeply?



PRAYER FOCUS

Father, help me trust You in the areas where I do not have all the answers.

KINGDOM STEP

Surrender one worry or unanswered question to God today.



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DAY 5 SURRENDER YOUR PLANS

SCRIPTURE

Open Bible to: James 4:13-15

REFLECTION

There is nothing wrong with making plans. The issue is making plans without considering God.

Seeking first the Kingdom means holding our schedules, dreams, and goals with open hands. God does some of His best work when we allow Him to redirect our steps.



MEMORABLE THOUGHT

The safest place for your plans is in God's hands.

PAUSE & LISTEN

What am I holding too tightly?



PRAYER FOCUS

Lord, align my plans with Your purpose.

KINGDOM STEP

Pray through your upcoming week and invite God into every appointment and responsibility.



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DAY 6 TAKE THE NEXT STEP

SCRIPTURE

Open Bible to: *Hebrews 11:6*

REFLECTION

Faith rarely begins with giant leaps.

More often, faith looks like one simple act of obedience at a time. God usually reveals the next step before He reveals the whole journey.

Seeking first the Kingdom means choosing obedience even when the future remains unclear.



MEMORABLE THOUGHT

Faith grows one obedient step at a time.

PAUSE & LISTEN

What next step has God already made clear?



PRAYER FOCUS

Lord, give me courage to obey whatever You are asking of me.

KINGDOM STEP

Take one practical step of obedience today.



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DAY 7 REMEMBER HIS FAITHFULNESS

SCRIPTURE

Open Bible to: *Psalms 100*

REFLECTION

Worship has a way of resetting our perspective.

When we intentionally remember God's goodness, gratitude begins replacing anxiety, fear, and discouragement.

Before moving into another week, pause and reflect on God's faithfulness. He has been present, even in ways you may have overlooked.



MEMORABLE THOUGHT

Gratitude keeps God's faithfulness in clear view.

PAUSE & LISTEN

Where have I seen God's faithfulness recently?



PRAYER FOCUS

Father, thank You for Your goodness and faithfulness in every season.

KINGDOM STEP

Write down ten ways God has been faithful to you.



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WEEK 1 REFLECTION



THE
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AT TUCSON

GOD SHOWED ME

ONE THING I NEED TO PLACE BACK IN GOD'S HANDS...

GOD SHOWED ME

ONE THING I NEED TO PLACE BACK IN GOD'S HANDS...

PRAYER: Lord, thank You for meeting me during this first week. Continue to reset my focus and teach me to seek Your Kingdom above everything else. Help me build a life that continually seeks You first. Amen.



WEEK 2

RESET YOUR HEART



WEEKLY SCRIPTURE

Joel 2:12-13 “Even now,” declares the Lord, “return to me with all your heart, with fasting and weeping and mourning. Rend your heart and not your garments. Return to the Lord your God, for He is gracious and compassionate, slow to anger and abounding in love...”



WEEKLY PRAYER

“Lord, draw my heart closer to You.”



WEEKLY GOAL

Move beyond routine into wholehearted devotion.



KINGDOM PRACTICE

Practice gratitude, surrender, and repentance every day this week.

Life has a way of shaping our habits. We develop routines that become familiar, even in our walk with God. Sometimes those routines help us grow. Other times they quietly replace the relationship they were meant to strengthen.

*Joel reminds us that God has never been interested in outward performance alone. He desires hearts that genuinely love Him. His invitation is not one of shame but of grace. **“Return to Me with all your heart.”***

This week we celebrate God’s faithfulness while allowing Him to search us deeply. Gratitude and surrender always belong together.

DAY 8 RETURN TO ME

SCRIPTURE

Open Bible to: *Joel 2:12-13*

REFLECTION

God's invitation begins with two beautiful words: **Even now.** No matter how distracted you've become. **Even now.** No matter how dry your faith may feel. **Even now.** No matter what yesterday looked like. **Even now.** God's grace always leaves room for another beginning. He doesn't invite us back because we've earned another opportunity. He invites us back because He is gracious, compassionate, and full of mercy.

Returning to God is never about earning His acceptance. It is about receiving His embrace.



MEMORABLE THOUGHT

God's invitation is always greater than your distance.

PAUSE & LISTEN

What area of my life is God inviting me to surrender?



PRAYER FOCUS

Lord, thank You for never giving up on me. Draw my heart back to You today.

KINGDOM STEP

Spend five quiet minutes simply thanking God for His grace.



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DAY 9 CREATE IN ME

SCRIPTURE

Open Bible to: *Psalms 51:10*

REFLECTION

David didn't ask God to improve his image. He asked God to transform his heart.

Real spiritual growth always begins on the inside. When we allow God to search our hearts, He doesn't expose us to shame us. He reveals what needs healing because He loves us.

God never uncovers something He isn't willing to restore.



MEMORABLE THOUGHT

God transforms what we are willing to surrender.

PAUSE & LISTEN

Where do I need God's cleansing today?



PRAYER FOCUS

Create in me a clean heart, O God. Renew a right spirit within me.

KINGDOM STEP

Confess one area you've been avoiding and receive God's forgiveness.



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DAY 10 NEW EVERY MORNING

SCRIPTURE

Open Bible to: *Lamentations 3:22-23*

REFLECTION

Every morning carries fresh mercy. Not recycled mercy. Not leftover grace. **Fresh mercy.**

Yesterday's failures do not determine today's opportunity. God's faithfulness is not measured by your consistency. It is measured by His character. Because He never changes, His mercy never runs out.



MEMORABLE THOUGHT

Every sunrise reminds us that God's mercy begins again.

PAUSE & LISTEN

Am I living from grace or from guilt?



PRAYER FOCUS

Thank You for Your unfailing mercy. Teach me to receive Your grace today.

KINGDOM STEP

Begin today by thanking God before asking Him for anything.



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DAY 11

REMEMBER HIS FAITHFULNESS

SCRIPTURE

Open Bible to: *Psalms 103:1-5*

REFLECTION

Gratitude protects our hearts from forgetfulness. The Psalmist tells us: “Forget not all His benefits.” We are quick to remember our disappointments. God invites us to remember His faithfulness.

Think about the prayers He has answered. The doors He has opened. The strength He has provided. The people He has placed in your life. Remembering God’s goodness builds confidence for tomorrow.



MEMORABLE THOUGHT

Gratitude turns yesterday’s faithfulness into tomorrow’s confidence.

PAUSE & LISTEN

Where have I seen God’s hand this year?



PRAYER FOCUS

Father, thank You for every evidence of Your goodness.

KINGDOM STEP

Write down ten ways God has been faithful.



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DAY 12

LOVE HIM COMPLETELY

SCRIPTURE

Open Bible to: *Mark 12:30*

REFLECTION

Jesus didn't ask for part of our hearts. He asked for all of it. Loving God is more than emotion. It is devotion.

Every day we choose where our affection will rest. The more we know Him, the more we love Him. The more we love Him, the more naturally we obey Him.



MEMORABLE THOUGHT

What captures your heart will eventually shape your life.

PAUSE & LISTEN

What competes with my affection for God?



PRAYER FOCUS

Lord, teach me to love You with all my heart.

KINGDOM STEP

Spend today's prayer simply worshiping God.



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DAY 13

FREEDOM THROUGH FORGIVENESS

SCRIPTURE

Open Bible to: *Ephesians 4:31-32*

REFLECTION

Forgiveness is one of the clearest expressions of a transformed heart. It doesn't ignore the hurt. It refuses to allow the hurt to control the future.

Jesus forgave us freely. He now invites us to extend that same grace to others. Forgiveness may begin as a decision long before it becomes a feeling.



MEMORABLE THOUGHT

Forgiven people become forgiving people.

PAUSE & LISTEN

Is there anyone I need to release today?



PRAYER FOCUS

Lord, help me forgive as You have forgiven me.

KINGDOM STEP

Pray a blessing over someone who has hurt you.



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DAY 14

A HEART READY FOR GOD

SCRIPTURE

Open Bible to: *Isaiah 26:8*

REFLECTION

God rarely asks us to know every detail before saying yes. He simply asks for willing hearts. Availability has always been one of God's greatest requirements.

Before Isaiah became a prophet... Before Nehemiah rebuilt a wall... Before Peter preached... They first offered themselves to God.

A surrendered heart is always ready for God's next assignment.



MEMORABLE THOUGHT

God does extraordinary things through available hearts.

PAUSE & LISTEN

Where is God asking me for a fresh yes?



PRAYER FOCUS

Father, my heart belongs to You. Use my life however You desire.

KINGDOM STEP

Pray this simple prayer throughout the day: "Lord, my heart is available."



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WEEK 2 REFLECTION



THE
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LOOKING BACK THIS WEEK GOD SHOWED ME...

ONE PRAYER HE ANSWERED...

ONE AREA OF MY HEART HE RENEWED...

MY KINGDOM STEP THIS WEEK...

PRAYER: Lord, thank You for meeting me during this second week. Continue to reset my focus and teach me to seek Your Kingdom above everything else. Help me build a life that continually seeks You first. Amen.



WEEK 3

RESET YOUR MIND



WEEKLY SCRIPTURE

Romans 12:2 “Do not be conformed to this age, but be transformed by the renewing of your mind, so that you may discern what is the good, pleasing, and perfect will of God.”



WEEKLY PRAYER

“Lord, renew my mind with Your truth.”



WEEKLY GOAL

Allow God’s truth to reshape the way you think, respond, and live



KINGDOM PRACTICE

Replace one unhealthy thought every day with one truth from God’s Word.

Our lives are shaped by more than our circumstances. They are shaped by the way we think. Every day we are being influenced by voices, opinions, experiences, disappointments, fears, and expectations. Left unchecked, those influences can slowly become the lens through which we see ourselves, others, and even God.

Prayer creates space for God’s voice to become the loudest voice in our lives. His Word renews our thinking. His Spirit reshapes our perspective.

When our minds are renewed, our lives begin to change from the inside out.

DAY 15

THINK DIFFERENTLY

SCRIPTURE

Open Bible to: *Romans 12:2*

REFLECTION

Transformation is not simply changing what we do. Transformation begins by changing how we think. The world constantly invites us to conform to its values, priorities, and patterns. God invites us into something better. He renews our minds through His truth.

Every time we choose Scripture over fear, faith over anxiety, and truth over lies, we are allowing God to reshape our lives.



MEMORABLE THOUGHT

Lasting transformation begins with renewed thinking.

PAUSE & LISTEN

Where have I been thinking more like the world than the Kingdom?



PRAYER FOCUS

Lord, renew my mind with Your truth today.

KINGDOM STEP

Read Romans 12:2 three times today. Ask God to reveal one area that needs renewal.



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DAY 16

FILL YOUR MIND WITH TRUTH

SCRIPTURE

Open Bible to: *Philippians 4:8*

REFLECTION

Whatever fills our minds eventually influences our attitudes, our conversations, and our decisions.

Paul encourages believers to intentionally focus on what is true, honorable, just, pure, lovely, commendable, excellent, and worthy of praise.

This isn't pretending life is easy. It is choosing to dwell on what strengthens faith rather than feeding fear.



MEMORABLE THOUGHT

Whatever fills your mind eventually shapes your life.

PAUSE & LISTEN

What thoughts have been occupying too much space in my mind?



PRAYER FOCUS

Father, help me think on what is true and pleasing to You.

KINGDOM STEP

Replace one negative thought today with a verse from Scripture.



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DAY 17

CAPTURE EVERY THOUGHT

SCRIPTURE

Open Bible to: 2 Corinthians 10:5

REFLECTION

Not every thought deserves your agreement. Some thoughts lead toward faith. Others lead toward fear. Some remind you of God's promises. Others whisper lies about your identity.

God has given us authority through Christ to reject what is false and hold firmly to what is true. Renewing the mind often begins by recognizing which thoughts belong and which ones do not.



MEMORABLE THOUGHT

You don't have to believe every thought you think.

PAUSE & LISTEN

What recurring thought needs to be surrendered today?



PRAYER FOCUS

Lord, help me recognize every lie and replace it with Your truth.

KINGDOM STEP

Write down one lie you've believed. Write a Scripture beside it that speaks God's truth.



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DAY 18

PRAY INSTEAD OF WORRY

SCRIPTURE

Open Bible to: *Philippians 4:6-7*

REFLECTION

Worry promises control but delivers exhaustion. Prayer places every concern into the hands of the One who already knows the outcome. Paul doesn't tell us to ignore our anxiety. He tells us where to take it.

When we bring every concern before God, His peace begins guarding our hearts and minds. His peace may not immediately change our circumstances. It always changes our perspective.



MEMORABLE THOUGHT

Prayer is the pathway from anxiety to peace.

PAUSE & LISTEN

What concern do I need to release into God's hands?



PRAYER FOCUS

Father, I give every worry to You today. Fill me with Your peace.

KINGDOM STEP

Turn every worry you notice today into a prayer.



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DAY 19

THE MIND OF CHRIST

SCRIPTURE

Open Bible to: **1 Corinthians 2:16**

REFLECTION

As followers of Jesus, we are invited to think differently because we belong to Him. The mind of Christ shapes our humility. It shapes our compassion. It shapes our patience. It shapes our forgiveness.

Every day we have opportunities to respond according to our old nature or according to the Spirit of God working within us. The more time we spend with Jesus, the more our thinking begins to reflect His heart.



MEMORABLE THOUGHT

The closer we walk with Jesus, the more we begin to think like Jesus.

PAUSE & LISTEN

How would Jesus respond to the situations I'm facing today?



PRAYER FOCUS

Lord, shape my thoughts to reflect Your heart.

KINGDOM STEP

Practice responding with patience and grace in one difficult conversation.



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DAY 20

COURAGE TO OBEY

SCRIPTURE

Open Bible to: *Nehemiah 2:18*

REFLECTION

After praying, Nehemiah stood before the people and said, “Let us start rebuilding.” Prayer prepared him. Now faith required action.

There comes a moment when seeking God leads us toward obedience. The goal of spiritual formation is never simply more knowledge. It is faithful action.

God honors every step of obedience taken in faith.



MEMORABLE THOUGHT

Faith is completed when obedience begins.

PAUSE & LISTEN

What step of obedience have I been delaying?



PRAYER FOCUS

Father, give me courage to obey whatever You ask of me.

KINGDOM STEP

Take one action today that reflects your faith.



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DAY 21 HERE I AM

SCRIPTURE

Open Bible to: *Isaiah 6:8*

REFLECTION

The journey that began with seeking now leads to sending. God has reset your focus. He has renewed your heart. He has transformed your thinking. Now He invites you to live on mission.

Isaiah's response is beautifully simple. "Here I am." No conditions. No hesitation. No negotiation. Just availability. The greatest outcome of these twenty-one days is not completing this guide. It is becoming a person who wakes up every day with a willing heart that says, "Lord, here I am."



MEMORABLE THOUGHT

A life fully surrendered is a life ready to be sent.

PAUSE & LISTEN

Where is God sending me next?



PRAYER FOCUS

Lord, Here I am. My life belongs to You. Lead me wherever You desire.

KINGDOM STEP

Take one intentional step this week to serve, invite, encourage, or share your faith with someone.



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WEEK 3 REFLECTION



THE
GATHERING
AT TUCSON

LOOKING BACK DURING THESE TWENTY-ONE DAYS GOD HAS TAUGHT ME...

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THE GREATEST CHANGE I SEE IN MY LIFE IS...

ONE PRAYER GOD HAS ANSWERED...

MY NEXT KINGDOM STEP IS...

PRAYER: Lord, thank You for meeting me during these 21 days. Continue to teach me to seek Your Kingdom above everything else. Help me build a life that continually seeks You first. Amen.

KEEP SEEKING

These twenty-one days were never meant to become a finish line. They were meant to become a new rhythm.

*Keep seeking. Keep praying.
Keep listening. Keep growing.
Keep serving. Keep inviting.
Keep investing. Keep inspiring.*

The goal was never to complete a guide. The goal was to become a disciple who seeks Jesus first every day.

CHURCH DECLARATION

*“Jesus is first.
His Kingdom is my priority.
His Word is my foundation.
His Spirit is my guide.
His Church is my family.
His mission is my calling.
Today and every day...”*

I CHOOSE TO SEEK FIRST THE KINGDOM.

THE
GATHERING
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RESET

SEEK FIRST THE KINGDOM

A 21-DAY PRAYER GUIDE